



BAHIA WELLNESS RETREAT

Enjoy the exclusive benefits of the **Bahía Wellness Retreat Members Club**.
We offer four different options so that you can choose the one that best suits your needs.

ESSENTIAL MEMBERSHIP

It is ideal for those who want to disconnect and find a natural oasis of peace where they can get away from it all. We invite you to enjoy our thalassotherapy circuit on an occasional basis.

The Essential Membership includes:

- 30 entries to the Bahía Wellness Retreat thalassotherapy circuit per year.
- Duration of 12 months.
- Free parking.

720 €

MONTHLY MEMBERSHIP

Discover the wonderful therapeutic benefits of our outdoor Thalassotherapy circuit. Indulge in the peace and quiet of our Finnish sauna, hammam or powerful sensory showers and relax on one of the comfortable Balinese beds on our solarium.

The Monthly Membership includes:

- Access to our thalassotherapy circuit three times per week.
- 20% discount on all spa treatments.
- 10% discount on all items for sale.
- One 60-minute personal training session per week.
- Free parking.

350 €

MONTHLY FITNESS MEMBERSHIP

Reactive and balance your body at our comprehensive sports facilities advised by our team of professionals who will help you achieve your goals.

The Monthly Fitness Membership includes:

- Physical assessment.
- A 60-minute personal training session three times a week.
- 20% discount on pilates classes.
- 50% discount on five physiotherapy sessions.
- Access to the thalassotherapy circuit once a week.
- Free parking.

1100 €

ANNUAL MEMBERSHIP

It is the ideal choice for Bahía Wellness Retreat lovers. Enjoy our facilities and immerse yourself in the peace of our private sanctuary.

The Annual Membership includes:

- 30 entries to the thalassotherapy circuit per year.
- 20% discount on all spa treatments.
- 10% discount on all items for sale.
- One 60-minute personal training session per week.
- The choice of any of the following services two times per year:
 - » A 30-minute back massage.
 - » A hairdressing service (washing and styling).
 - » An express manicure.
- Free parking.

1690 €

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www.thetaishotels.com/bahia-del-duque

