



BAHIA DEL DUQUE
THE TAIS

Bespoke Wellness Booster Immersion 2021



Seasons	A	B	C
Deluxe Room	9.049 €	8.349 €	10.029 €
One - bedroom suite	11.482 €	10.589 €	12.462 €
Villa Las Palmeras / Villa las Retamas	13.669 €	13.249 €	14.107 €

Season A

03.01.21 / 25.03.21

07.04.21 / 30.04.21

16.07.21 / 19.08.21

08.10.21 / 31.10.21

Season B

01.05.21 / 15.07.21

20.08.21 / 07.10.21

Season C

26.03.21 / 06.04.21

REMARKS

Sea view supplement: 56,00 € per day
(not applicable in Villas).

Price for two people.

Tax included.

Additional night price: check with reservations.

For reservations or further information, please contact:

Tel.: 922 74 69 32 · 922 74 69 00

reservations@bahia-duque.com

www.thetaishotels.com/bahia-del-duque

7 OVERNIGHT STAYS

- **Day 1. Renewal Ritual:** Detox Breakfast in bedroom (herbal teas, purifying food, etc.) · Session with personal trainer to eliminate toxins · Thalassotherapy circuit · Skin assessment + Detox-Juice · Facial treatment as required: Detox Cure, SOS Sensibility 3D · Collagen Shock · Healthy lunch · Pilates / Yoga session · Detox Wraps · Hydromassage bath and removal of Detox wrap · Detox herbal tea or beverage of your choice
- **Day 2. Ritual Sport Tonic:** Revitalising Breakfast based on food rich in vitamin C · Beach morning session with personal trainer to activate the organism · Decontracting massage in private outdoor cabin + citrus juice rich in vitamin C · Lunch at the Beach Club Restaurant · Citrus Body Perfection Treatment with body wrap rich in vitamin C and foot reflexology + herbal tea or Detox juice
- **Day 3. Into the Blue Ritual:** Oxygenating breakfast based on food rich in chlorophyll and water · Private sessions with a personal trainer · Refreshing juice · O2 Body Perfection Treatment with Vichy shower, Jet shower and oxygenating body massage · Healthy lunch · Pilates / Yoga session · O2 Relax Facial treatment + herbal tea or Detox juice
- **Day 4. Bahía Serenity Ritual:** Breakfast + relaxing herbal tea · Relaxing and meditation coaching session · Outdoor thermal circuit + cocktail · Healthy lunch · SOS Sensibility facial treatment · Hot stone massage with relaxing lavender scent + herbal tea or relaxing beverage
- **Day 5. Diamond Red Carpet Ritual:** Gourmet breakfast + cava · Workshop on skin care given by a specialized therapist · Luxury manicure and pedicure treatment + cava · Special in room lunch · Inhibit Face Lift treatment combined with "Diamond Rose", a body ritual based on Rose Damask Absolute oil and diamond microparticles · Hairdresser session

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