



BAHIA DEL DUQUE  
THE TAIS



# Health & Vitality Immersion 2020

Temporadas	A	B	C
Deluxe Room	8.280 €	7.280 €	9.680 €
SOne - bedroom suite	11.755 €	10.480 €	13.155 €
Villa Las Palmeras / Villa Las Retamas	14.880 €	14.280 €	15.505 €

## Season A

03/01/20 - 02/04/20

15/04/20 - 30/04/20

18/07/20 - 21/08/20

10/10/20 - 31/10/20

## Season B

01/05/20 - 17/07/20

22/08/20 - 09/10/20

## Season C

03/04/20 - 14/04/20

## 10 OVERNIGHT STAYS

- Accommodation for two persons
- Breakfast buffet at El Bernegal Restaurant
- Advanced hormonal profile analysis
- Assessment by a general nutritionist at the beginning and at the end of the program
- Assessment by an expert in anti-aging and face rejuvenation
- Coaching session
- Traditional Chinese medicine consultation, including acupuncture session
- Signature Treatment
- 2 Physiotherapy sessions
- 3 holistic sessions with a wellbeing professional (Reiki)
- 2 yoga sessions / 7 Chakras therapy
- 2 detox massages
- 1 lymphatic drainage session
- 1 aqua-lymphatic drainage session
- 1 seaweed wrap
- 1 ginger parafango-mud session
- 1 assessment and evaluation session with personal trainer and one-hour training

### REMARKS

**Sea view supplement:** 56,00 € per day (not applicable in Villas).

**Price for two people.**

**Tax included.**

**Additional night price:** check with reservations.

For Reservations or further information, please contact:

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