



BAHIA DEL DUQUE
THE TAIS

Sleep Recovery Immersion 2019

Seasons	A	B	C	D	E
Deluxe Room	5.567 €	5.322 €	4.902 €	5.532 €	6.547 €
Villa Las Palmeras / Villa Las Retamas	10.187 €	9.942 €	9.802 €	9.942 €	10.600 €

Season A

03.01.19 - 11.04.19
26.04.19 - 30.04.19

Season B

15.07.19 - 21.08.19

Season C

01.05.19 - 14.07.19
22.08.19 - 13.10.19

Season D

14.10.19 - 31.10.19
01.11.19 - 23.12.19

Season E

12.04.19 - 25.04.19



7 OVERNIGHT STAYS

- Consultation with a nutritionist
- Consultation with a physiotherapist
- Hot stone massage
- Breathing exercises
- Improvement of rachis movement
- Relaxation of cervical and jaw muscles
- Controlled breathing
- 2 Personal training sessions (in the afternoon: cardio, yoga or Pilates).
- Whirlpool bath
- Vedic Massage
- Meditation session
- Evening skin recovery treatment: Natura Bissé (mask + lavender oil)

REMARKS

Surcharge for Sea View (Deluxe Room, Junior Suite or 1 Bedroom Suite): 86 € a day.

Surcharge for Junior Suite: 230 € a day. **Surcharge for 1 Bedroom Suite:** 347.50 € a day.

Prices based on the accommodation for 2 persons.

6.5 % VAT included.

For Reservations or further information, please contact:

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